



Smt. Sulechana Devi Singhania School

The Foundation Express

June - August 2023

Issue 1



From the Principal's desk

The inaugural edition of The Foundation Express, presented by the Foundation Stage, holds a special place in my heart. The primary purpose of this newsletter is to celebrate the remarkable writing and hidden talents of our cherished children, providing them with the recognition they deserve. The newsletter will also feature few of the many classroom activities performed by the teachers with their students. This newsletter will be delivered to your inbox three times a year, brimming with classroom activities, photographs, and creative pieces crafted by the students and teachers of the Foundation Stage. What better way to nurture and encourage the creative instincts of our young learners than by showcasing their own work? From the subsequent editions, we are keen on receiving written contributions and artwork for our Foundation Express. As we eagerly await these creative pieces, we envision many of these budding talents evolving into accomplished writers in the years to come. Foundation Express is more than a newsletter; it is a canvas where our children's voices, dreams, and talents take centre stage. Join us on this exciting journey as we celebrate the unique gifts of our youngest members and foster a love for creativity and self-expression.

From the Vice-Principal's desk

The very idea of introducing this newsletter is to keep all of you informed about the learning teaching program in school. The school has focussed on ideas and contribution towards effective teaching and learning in the classroom. Emphasis is laid on developing the various domain and the syllabus is so designed to cater to the needs of each and every child. It is 'child centric'. They develop a better understanding, a broad and balanced range of disciplines through the activities done in the class. It helps the students to enhance their knowledge beyond the content of the curriculum. We are confident that this newsletter will give you the glimpse of the extensive and all the inclusive array of the projects the school provides to the children.



"Every sunset is an opportunity to reset. Every sunrise begins with new eyes." -Richie Norton



KG Highlights

1) 1st day for Jr.KG

2) Guru Purnima celebration.



3) 1st PTC for KG

5) Start of cultural event

6) Monsoon Marvel

- Performance by parents.
- Monsoon food fest
- Mobile hangings



 Rain-walk

7) Birthday Celebrations

8) Independence Day

9) Raksha Bandhan

10) Roti Bank Project



Grade 1

1) Guru Purnima celebrations

2) International yoga day

3) 1st PTC for Grade 1

4) Start of cultural event



5) Monsoon Marvel

- Mobile hangings
- Rainy wear display
- Food fiesta
- Rain-walk

5) Independence Day celebration

- Tricolour themed food
- Traditional wear
- Craft activity: Tricolour garland and mirror art

6) Raksha Bandhan

7) Roti Bank Project



Grade 2

1) Guru Purnima celebrations

2) International Yoga Day



3) 1st PTC for STD 2

4) Start of cultural event



5) Monsoon Marvel

- Experiment: Water Cycle
- Rainy wear Display
- Mystery curtain: Rainy Creatures
- Monsoon food fest
- Mobile hangings
- Rain-walk



6) Independence Day Celebrations

- Tricolour-themed food
- Traditional wears
- 'I am proud to be an Indian' - echoed in regional languages
- Reciting patriotic songs
- Craft Activity: Tricolour ring, garlands for decoration



7) Community Helpers: Role play

8) Roti Bank Project

Upcoming Cultural competitions

Collage - 1st September

Finger & Brush painting- 14th September

Handwriting & Pattern writing- 4th October

Fancy Dress- 30th

Upcoming Cultural competitions

* Elocution - 1st September

Solo song - 13th September

Visual Art - 8th September

Quiz - 9th - 13th October

Upcoming Cultural competitions

* Visual Art: 8th September

* Quiz: 9th October

* Elocution: 11th September

Junior KG Junction

Gearing up for a great year!!!



I am bee-zee learning –

Letters- Mm, Bb, Tt, Aa, Ll, Cc, Dd, Gg, Nn, Hh.

Numbers- 1, 2, 3, 4.

Shapes- Circle, square, triangle, rectangle, diamond.

Colours – red, blue, yellow, green, orange, brown, purple.

EVS- Body parts, personal hygiene, My family, My school and rooms, Community helpers, Wild domestic, pet and aquatic animals, birds.

Concepts- Similar and different, grouping & sorting.



KG sulonians working on their fine motor and hand-eye coordination using Pistachio shells.



We are learning dental hygiene



A 4-year-old kid is excited to learn all about dental and personal hygiene in the Jr.KG classroom.



Feeding the shape monsters!!!



Experimentation keeps new ideas rising to the surface-

KG kids learning about the magic of magnet.

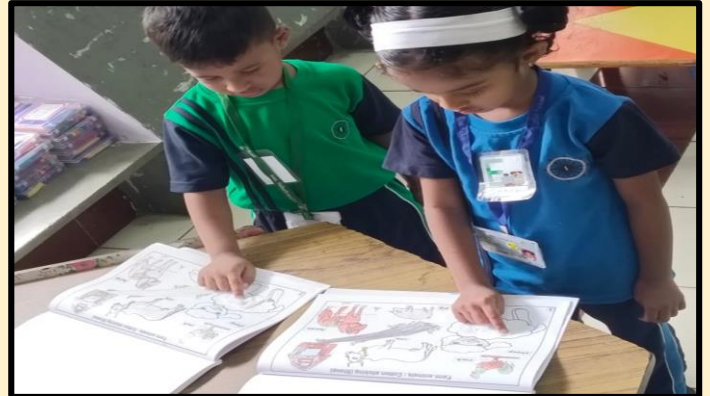
To know more click on the image.



"A journey of a thousand miles begins with a single step." -Lao Tzu

Paper tearing, cotton sticking and many more...

Enjoy learning through hands-on experiences.



*Strengthening our foundation
for literacy and numerical
skills.*



Life skills

1. Wearing raincoat and sandals independently.
2. We can keep our things back in place.



The thirsty crow

Our Jr.KG children not only enjoyed the story narration but also enjoyed the hands-on experience.

Click on the image



! Cuteness overload

-Kids having fun in the pet area.



This is what we learnt...

Senior Kg Station

The Sr.KG children enjoyed the 'Word Family Bingo' game, as it helped them to nurture their literacy skills.

ENGLISH

- Vowel family words- 'a', 'i', 'o', 'u'
- Structural words
- Simple sentences
- Question & Answers
- Golden words
- One & Many

Get on track with rhyming words.



Our math geniuses are helping Mr. Crocodile with numbers.

Our young coders.
We can Code!

MATH

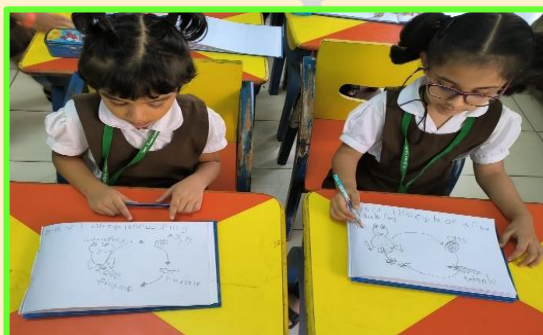
- Rote counting- 1 to 75
- Number names
- Number values
- 3D shapes
- Mixing of colours
- Addition
- Put the correct sign
- Pre-numerical
- Backward counting



EVS

- Sense Organs
- My Family
- Stages of human growth
- My Home
- Areas of the school
- My Country
- Festivals of India
- Animals (wild, domestic, pet)
- Products from animals
- Lifecycle of a frog
- Reptiles
- Birds

Come learn about the 'Lifecycle of a frog' from our artists of Sr.KG through their drawings.



Life skills

1. Wearing and folding the raincoat independently.
2. Packing the school bag with all the necessary essentials.

"Colours are the smiles of nature."

Our Sulonians of Sr.KG had fun exploring with colours.

Click on the image to view



Follow me Follow me... it's fun to copy me!



The Sulonians of Sr.KG are on a mission to fit the shapes in their corresponding slots.

Popsicle sticks, where creativity meets learning and fun!



The students of Sr.KG enjoyed the 'Word building' activity.



'Ring the right number name' is a perfect activity to reinforce counting and number name recognition.



"Family is a circle of Love and Strength." Children were happy learning about the importance of family and types of family.



"Sparkle and Shine!

Wash your hands every time."

Our Sulonians of Sr.KG learning the importance of hand hygiene.



Click on the image to view



"Anyone who has never made a mistake has never tried anything new." -Albert Einstein

This is what we
know now...

Std. One Junction



LANGUAGE ARTS

Grammar

- * Vowels
- * Naming words
- * Action words

Composition

- * Myself
- * My family
- * Independence Day

Picture composition

- * In the park

Comprehension

- * The Raincoat
- * Peter's family
- * A blind man with a lamp

Poetry

- * Names

Math

- * Number and number names 1-50
- * Patterns
- * Ascending - Descending order
- * Expanded form
- * Addition - worded problem
- * Place value

EVS

- * About me
- * Cleanliness
- * My family
- * Clothing
- * Shelter

Hindi

द्वितीय भाषा

स्वर
व्यंजन : क -वर्ग च-वर्ग
शब्दरचना
सामान्यज्ञान : गिनती
(१ से १० तक)

तृतीय भाषा

रंगों के नाम
गिनती (१ से १०)

Marathi

स्वर - अ ते अः
व्यंजने - क -वर्ग , च -वर्ग
शब्दरचना
सामान्यज्ञान - अंक १ ते १०

तृतीय भाषा
शरीराचे अवयव
अंक १ ते ५ रंग

ICT

- * Parts of the computer
- * Tuxpaint

*Home is where
the heart is...*



I love my family - An activity which fostered the uniqueness of their thoughts and ideas as well as provide a platform to show their creative skills.

Blooming plurals



An activity which helped them to understand the appropriate use of one and many naming word which is an integral part of English language.

Noun town



An activity of reading, analysing and sorting the naming words.



*Save rain,
Save life*

To know more click
on the image



All about expanded form - An activity which enhanced their concentration span and also improved their fine motor skills and eye hand co-ordination along with numbers and their place value.



Dress for the season - Our little sulonians were happy learning the importance of wearing right clothing accordingly to the season.



Fun with addition - An activity which helped them to develop their numeracy and thinking skills.



Action words - Actions speak louder than words but words are also needed to describe the



Sulonians Food Fiesta-

अन्नं ब्रह्म रसं विष्णुं
भोक्ता देवो जनार्दनम्।
एवम् ध्यात्वा तथा ज्ञत्वा
अन्न दोषो न लिप्यते।

Click on the image

CLICK HERE



This is what
we learnt...

Std. Two Terminus

English

Language:

Poem -

- Sock song
- My Pet Dinosaur

Prose -

- Helping hand
- The Coat

Composition:

- Bus ride
- Independence Day
- Aural Comprehension
- Picture Composition

Grammar:

- Articles
- Nouns- Common noun
& Proper noun
- Numbers-Singular &
Plural
- Punctuation
- Verbs
- Simple present and
past tense

EVS

- My Body
- Shelter
- Clothing
- Food
- Community Helpers

ICT: WordPad

LEARNING EXPERIENCE THROUGH.....
ACTIVITY-BASED METHOD, PROJECT
METHOD & GROUP WORK!



Alphabetical order: Know your ABC..?

This is the first and this is the last!

Kids let's arrange fast!



Designer Homes!

Model making was not only fun but students
also learnt about materials used to construct
each type of house in real.

Click on the image



Math

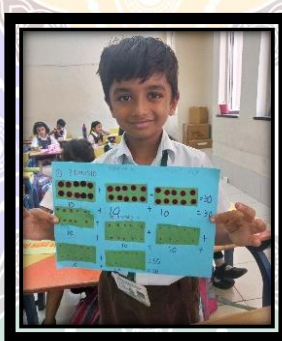
- Number Concept up to 300
- Place value & Face value
- 2 & 3-digit addition (carryover)
- Worded Problems
- Abacus
- 3D Shapes
- Table of 2,5,3,10
- Mental Math
- Fraction



Marvelous actors- Great Helpers!

Students dressed up smartly for a roleplay and spoke confidently about each community helper.

Click on the image



In the land of Tens!

The activity was an excellent blend for grabbing children's interest in learning the table of 10



Pretty Patterns!

Students were able to identify the materials, texture and its source.

Abacus makes Arithmetic easier

Hindi

- * पद्य - पेड
- * संयुक्ताक्षर से बने शब्द
- * र के रूप
- * सामान्यज्ञान: सप्ताह के दिन, गिनती ११-१०

3rd Language

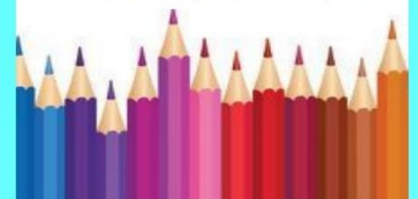
- * सप्ताह के दिन

Marathi

- * जोडाक्षरे, चौदाखडी
- * अंक ११ - १५
- * पद्य - वाढदिवसाचे पाहुणे
- * व्याकरण: उलट अर्थाचे शब्द, वचन, लिंग
- * सामान्यज्ञान: आठवड्याचे वार, नातेसंबंध

3rd Language

- * मनीच्या कुशीत
- * प्राण्यांची नावे, रंगांची नावे, अंक





Eat Healthy Stay Healthy!

The objective was to encourage students to differentiate between Healthy and Junk food & promote a discussion about making nutritious choices. They also enjoyed sharing & eating Balanced Diet with friends. Puppet show based on healthy eating habits was super success!



Land of fractions

Students learned to identify and build fractions.



क्रियाकलाप

गिनती छात्रों ने १ से १० तक अंकों के अनुसार बिंदियाँ चिपकाकर उनका शब्दों में लेखन किया ।

समान ध्वनि के शब्द

इस क्रियाकलाप के माध्यम से छात्रों ने तुक मिलनेवाले शब्दों की सूची बनाकर उन शब्दों का पठन तथा लेखन किया ।

Water experiment

Click on the image to know more



"Anyone who has never made a mistake has never tried anything new" – Albert Einstein



Photo Gallery



"Believe you can and you're halfway done." -Theodore Roosevelt

Photo Gallery



"The starting point of all achievement is desire." - Napoleon Hill



Click on the image



Roti bank project



A ROTI SHARED,
A MEAL TO SPARE,
A SIMPLE ACT OF
LOVE AND CARE,
ROTI BANK BRINGS
HOPE AND LIGHT,
TO THOSE WHO
HUNGER DAY AND
NIGHT.



"Make use of time, let not advantage slip " - William Shakespeare



Counsellor's corner

Parenting is the most challenging job yet a very beautiful and a rewarding one in itself. We all want what's best for our children, but being a parent isn't always easy. Some parenting techniques that were used by our parents, may not necessarily work for our children.

Positive parenting is an approach that includes a good balance of the following parenting qualities: assertive, but not intrusive; demanding, but responsive; supportive in terms of discipline, but not punitive.

Nowadays, as parents, some of the most common concerns or challenges that we are facing with our children are –

- Hyperactivity / restlessness
- Aggressive behaviour
- Speech delay or clarity
- Constantly seeking attention or validation
- Having a laid back or a casual approach
- Increased dependency
- Unable to take rejection
- Poor frustration tolerance
- Excessive use of screen.

We can embrace positive parenting by adopting supportive and effecting positive parenting practices like –

- Spending quality time with your child is of utmost importance. For an effective conversation with your child, one must ensure that they are maintaining a good eye contact with the child.
- Let the child explore through mindful observation as they learn the best through their observations
- Rewarding and encouraging positive behaviours
- Being a positive role model
- Making positive family experiences a priority
- Providing adequate supervision and monitoring
- Helping the child to accept failures
- Setting a routine are the most important aspects for positive parenting.

These positive parenting practices help in raising healthy and happy kids.

“At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents.”

~Jane D. Hall



Upcoming events

- Janmashtami
- Ganesh Chaturthi
- Navratri
- Children's Day
- Diwali

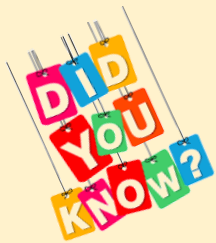


SPACE WORD SEARCH

Circle words in the puzzle below



earth	stars	venus	comet
sun	mars	mercury	orbit
moon	saturn	gravity	lunar



Human brain is composed of roughly 70% water



A single ant can carry 50 times its own body weight.



No number before 1000 contains letter A.

Your teeth are as unique as your finger print.



Potatoes were the 1st vegetables to be grown in space.

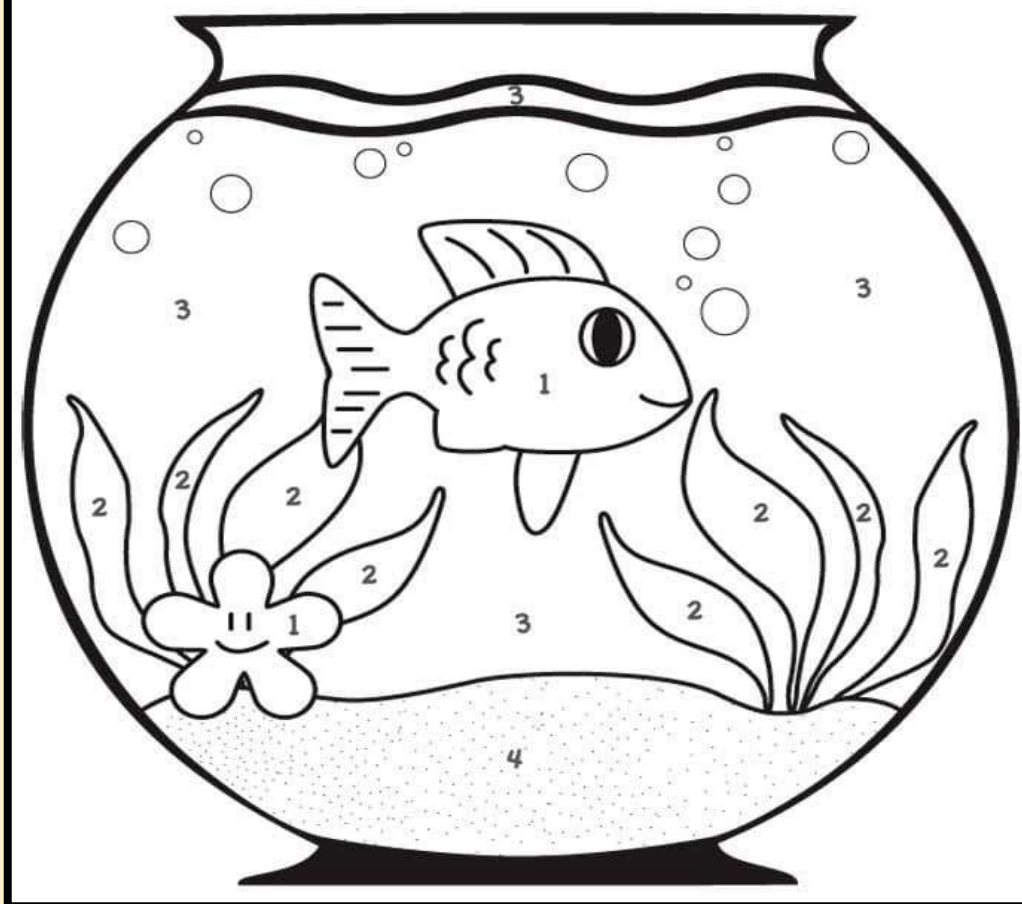


Humming birds are the only birds that can fly backwards and upside down.



Color by Number

1-orange 2-green 3-blue 4-brown



See you in
the next
issue!

